

**INTERNATIONAL SWIMMING STANDARDS TEACHING QUALIFICATION'S TEACHERS COURSE  
KRIBI – CAMEROON – JANUARY 9 – 14, 2012**

**FINAL REPORT**

The Royal Life Saving Society – Cameroon Branch' President Justin Bakinga and his team welcomed Garry Seghers of Swimming Teachers Association United Kingdom (STA) and both Ross Macleod and Tim Doran of Royal National Lifeboats Institution United Kingdom (RNLI) at Douala's International Airport on Friday evening, January 06, 2012.

Garry, Ross, and Tim, travelled to Cameroon to train RLSS – Cameroon Branch' water safety and survival swimming teachers to IFSTA's International Swimming Standards Teaching Qualification for water safety and drowning prevention purposes.

This training course was successful and a materialization of RLSS – Cameroon Branch's National effort for child drowning prevention, water safety and lifesaving education and training as well as a demonstration of its leadership in Central and West Africa Region in child drowning prevention, water safety, survival swimming and lifesaving.

The training was held in Kribi town, a seaside district in the southern Region of Cameroon, it was the first of that kind in Kribi as well as in Cameroon. 20 Candidates, from seven Regions over ten, both male and female attended the course.

At the end of the training, candidates had to face the final assessment which determined who was to receive the International Swimming Standards Teaching Qualification Certificate (ISSTQC). Over 20 Candidates, fifteen passed the final assessment and received the Swimming Teachers' Association's (STA) International Swimming Standards Teaching Qualification Certificate whilst the other five Candidates who were not successful during the final assessment received Certificates' of Attendance.

RLSS – Cameroon Branch's President Justin Bakinga has great hope for the future development of the Society, of its child drowning prevention, water safety education, survival swimming, lifesaving, lifeguarding, life-support and resuscitation training.

The President of RLSS – Cameroon Branch, Justin Bakinga expresses great thanks and appreciation to all the parties that organized and got involved in this training programme he also thank IFSTA, STA and RNLI for their help and full support during the training.

After the training programme, RLSS – Cameroon Branch's President Justin Bakinga and his team members received the following items from both STA and RNLI experts: swimming woggles, an official resuscitation manikin, swimming teaching manuals in English and French, first aid equipments and three rescue tubes to start Cameroon's lifeguards training programmes.

RLSS – Cameroon Branch started drowning prevention, water safety education, and lifesaving training programmes in Cameroon from the scratch. To develop lifesaving programmes effectively within Cameroon, Central and West Africa Region, the Society is relying on the help and support from more advanced and more developed lifesaving organisations from around the world.

**Justin Bakinga**  
**RLSS – Cameroon Branch President**